

FREE CALGARY ESSENTIALS RESOURCE

Interprovincial Transfer Checklist

A practical Alberta setup sequence for people moving from another Canadian province or territory.

Keep previous coverage active while you confirm the transition. Deadlines and exceptions depend on your circumstances. Use the official Alberta pages to verify what applies before cancelling coverage or surrendering documents.

Before leaving your previous province

	Action	My note / status
☐	Confirm how long previous health coverage continues.	
☐	Collect proof of identity, Canadian status and Alberta address requirements.	
☐	Confirm automobile insurance coverage for the move and Alberta transition.	
☐	Collect ownership, registration and inspection records for any vehicle.	
☐	Save employment, school, tax and medical records privately.	
☐	Record final utility, lease and address-change responsibilities.	

First Alberta setup

	Action	My note / status
☐	Review AHCIP eligibility, waiting-period rules and the application deadline.	
☐	Locate an authorized Alberta registry agent.	
☐	Confirm the deadline and documents for exchanging a driver's licence.	
☐	Confirm vehicle registration, insurance and inspection requirements.	
☐	Update employer, bank, insurer and important accounts with your address.	
☐	Plan Calgary transportation before your first work or school day.	

Important timing prompts

Item	Official rule to verify	My target date
AHCIP registration	Apply within the official period after establishing Alberta residency	
Driver's licence	Permanent residents generally exchange within the stated Alberta deadline	
Vehicle registration	New residents generally change registration within the stated Alberta deadline	
Previous health plan	Confirm coverage during Alberta waiting period	

Household transition

	Action	My note / status
☐	Confirm every family member’s health-coverage situation.	
☐	Families arriving at different times: verify continued previous-province coverage.	
☐	Transfer prescriptions and identify local health services.	
☐	Contact the appropriate school board or institution.	
☐	Compare housing with commute, utilities and insurance included.	
☐	Keep tax-year records from both provinces together.	

Registry agent / appointment:

Insurance action:

Health coverage action:

My next deadline:

Official sources and current instructions

Use these official pages for eligibility, required documents, fees, forms and current procedures. Calgary Essentials does not replace the issuing authority.

- **Government of Alberta - Moving to Alberta: health coverage:**
<https://www.alberta.ca/ahcip-moving-to-alberta>
- **Government of Alberta - Exchange a non-Alberta licence:**
<https://www.alberta.ca/exchange-non-alberta-licences>
- **Government of Alberta - Register a vehicle:** <https://www.alberta.ca/register-vehicle>
- **Government of Alberta - Registry services:** <https://www.alberta.ca/registry-services>
- **City of Calgary - Getting started in Calgary:**
<https://www.calgary.ca/communities/newcomers/getting-started.html>
- **211 Alberta:** <https://ab.211.ca/>

Source review: September 2026. Re-check official instructions before acting.